



The **CROWN** Rhythm

- ☐ COMMUNITY
- ☐ RECREATE
- ☐ OFFERING
- ☐ WORD
- ☐ NETWORKS

# Going Deeper with an aspect of your Rhythm of Life.

Ask some useful starter questions:

- How has further biblical teaching and input helped develop your thinking about this area of the Christian life?
- Is your plan practical enough? Can you break it down into some clear and simple steps?

Write down your emerging rhythm of life for this aspect of CROWN.

"How am I already experiencing God through this rhythm? Where do I see him at work in the patterns I am forming?"

**Barriers / Blockages:** "As I have begun to put my rhythm into practice where have I come up against challenges? Is it realistic, or might something need to change? Do I need some specific wisdom or help?"

**Help / Equipping:** "What support / input / coaching would help me grow in this area?" (It may be possible to get input from others, to see what they do - to help you develop your own rule.)

**Next Steps:** "In light of my journey so far, do I need to make any changes to the shape of my emerging rhythm? What question could be asked of me that I could be accountable to?"